



Pratos

EXECUTIVOS

Escolha 1 proteína e mais 3 acompanhamentos

Choose 1 protein and more 3 side dishes

PROTEÍNA Protein

- Contra Filé Grelhado R\$28, *Grilled Fillet*
- Contra Filé a Milanese R\$31, *Breaded Fillet*
- Contra Filé a Parmegiana R\$34, *Parmigiana Fillet*
- Filet Mignon Grelhado R\$36, *Grilled Fillet Mignon*
- Filet Mignon a Milanese R\$39, *Breaded Fillet Mignon*
- Filet Mignon a Parmegiana R\$42, *Parmigiana Fillet Mignon*
- Filé de Frango Grelhado R\$22, *Grilled Chicken Fillet*
- Filé de Frango a Milanese R\$25, *Breaded Chicken Fillet*
- Filé de Frango a Parmegiana R\$29, *Parmigiana Chicken Fillet*
- Filé de Tilápia Grelhada R\$27, *Grilled Fish Tilapia Fillet*
- Filé de Tilápia a Milanese R\$30, *Breaded Fish Tilapia Fillet*

Prato do Dia Today's Special: Consulte com o garçon a opção de hoje

Ask the waiter, today's special

ACOMPANHAMENTOS Side dishes

- Arroz Branco *White rice*
- Arroz com Brócolis *Rice with broccoli*
- Feijão Preto *Black beans*
- Salada (Alface, tomate, cebola) *Salad (Lettuce, tomato, onion)*
- Batata Frita *French fries*
- Purê de Batata *Mashed potatoes*
- Farofa *Cassava flour*
- Molho a Campanha *Brazilian sauce*

Acompanhamento adicional R\$7,00
Side dishes extra



YAKISOBA (Bowl 500ml)

Macarrão e legumes *Pasta with Vegetables*

Vegetariano *Vegetarian* R\$18, Legumes *Vegetables*

Filé de Frango *Chicken Fillet* R\$22,

Filet Mignon *Filet Mignon* R\$30,

Misto Frango e Filet Mignon R\$27, *Mix of Chicken and Fillet Mignon*

SPAGHETTI

Bolonhesa *Bolognese* R\$18,

4 Queijo *4 Cheese* R\$24,

STROGONOFF Arroz e Batata Palha

White Rice and Potato sticks

Filé de Frango *Chicken Fillet* R\$27,

Filet Mignon *Filet Mignon* R\$34,



PETISCOS

APERITIVOS APPETIZERS

- Gurjão de Filé de Tilápia R\$44, *Tilapia Fish Gurgeon*
- Gurjão de Frango R\$34, *Chicken Gurgeon*
- Batata Rufos R\$32, (Queijo cheddar e calabresa)
- Rufos Potato *Cheddar cheese and Calabresa Sausage*
- Filet Mignon Aperitivo R\$55, - Contra Filé R\$45 (Molho Madeira, acompanha pão)
- Filet Mignon *Aperitivo or Steak*
- Moqueca *Madeira sauce, serve with Bread*
- Linguica Calabresa Acebolada R\$25, *Calabresa Sausage with onion*
- Feijão Amigo R\$14, *Bean Friend Brazilian special sauce*



Linguica Calabresa Acebolada
Calabresa Sausage with onion

Dupla de ESPETINHOS

Escolha a sua preferência

Choose your preference

Frango *Chicken*

Carne *Beef*

Mistos *Mixed*

Queijo Coalho *Coalho Cheese*

Lombo Suíno *Pork Loin*

DUPLAS DE ESPETINHOS 25, DOUBLE SKEWER

Acompanha molho à campanha e farofa Served with Brazilian sauce and Cassava flour



SALADAS | SALADS

Molhos | Sauce: Pesto | Caesar

- 40 Caesar Simples | Simple Caesar 20,
- 41 Caesar Especial (c/ filézinho de frango) *Special Caesar (w/ chicken fillet)* 30,
- 42 Caprese | Caprese 25,
- 43 Rufos (mix de folhas tenras, peito de peru, tomate cereja, cubos de abacaxi e molho de iogurte c/ castanhas (mix of tender leaves, turkey breast, tomato, pineapple cubes and yogurt sauce w/ nuts) 32,

CREPES

Adicional + 4, Nutella + 7,

- 100 Frango, Palmito e Requeijão *Chicken, Hearts of Palm and Curd* 24,
- 101 Italiano | Italian (calabresa, azeitona, queijo, palmito e tomate) (pepperoni, olives, cheese, hearts of palm and tomato) 25,
- 102 Peito de Peru, Cream Cheese, Tomate Seco e Ervas | Turkey Breast, Cream Cheese, Dried Tomatoes and Herbs 29,
- 103 Banana, Canela, Queijo, Sorvete e Calda de Chocolate | Banana, Cinnamon, Cheese, Ice Cream and Chocolate Syrup 29,
- 104 Quatro Queijos | Four Cheeses (gorgonzola, parmesão, mozzarella e cream cheese) 26,
- 105 Presunto e Queijo | Ham and Cheese 23,
- 106 Atum c/ Cream Cheese | Tuna w/ Cream Cheese 27,



PIZZA

- 115 Pizza 35cm 35,
- 117 Fatia de Pizza 1/4 10,

COMBOS

1 grelhado + 1 salada média (Caprese ou Caesar) ou batata canoa
1 grilled + 1 middle salad or french fries

- 50 Filé de Frango ou Tilápia *Chicken or Fish Fillet* 35,
- 51 Salmão *Salmon* 45,
- 52 Filet Mignon *Filet Mignon* 44,
- 53 Hamburger Especial *Special Burger* 35,

SANDUÍCHES

Escolha o seu pão | Choose your bread: FORMA ou INTEGRAL (14x13cm) | ÁRABE | CIABATTA BUN ou BROWN (14x13cm) | ARABIC | CIABATTA

- 121 Rufos (filé de frango grelhado, queijo, tomate e salada crocante) (grilled chicken fillet, cheese, tomato and crispy salad) 26,
- 122 Leve (peito de peru, rúcula, tomate seco e muçarela de búfala) (turkey breast, arugula, dried tomatoes and mozzarella) 29,
- 123 Atum | Tuna (pasta de atum e salada crocante) (tuna paste and crispy salad) 22,
- 124 Tropical (presunto, abacaxi, queijo, salada crocante e maionese de ervas) (ham, pineapple, cheese, crispy salad and herb mayonnaise) 22,
- 125 Calabreses (linguica calabresa, queijo cheddar e salada crocante) (pepperoni sausage, cheddar cheese and crispy salad) 22,
- 127 Nobre (250g a 300g de filet mignon, cream cheese, salada crocante e mostarda) (250g to 300g of fillet mignon, cream cheese, crispy salad and mustard) 34,

HAMBURGUER ARTESANAL

★ Blend de Carnes Nobres, preparado por nosso Chef | ★ Blend Noble Meats, prepared by our Chef

Pão especial | Special bread

- 136 Rufos Burger (carne artesanal 200g, cheddar, cebolas caramelizadas e alface americano) (handmade meat 200g, cheddar, caramelized onions and american lettuce) 28,
- 137 Rufos Nordeste (carne artesanal 200g, entremeadado c/ queijo coalho, cebolas caramelizadas e alface americano) (handmade meat 200g, intermingled with cheese curds, caramelized onions and american lettuce) 30,
- 138 Original (carne artesanal, queijo e maionese) (handmade meat, cheese and mayonnaise) 25,
- 139 Vegetal (hamburgeru de soja temperado c/ ervas e sementes e salada crocante) (seasoned soy burger w/ herbs and seeds and crispy salad) 25,

HAMBURGUER DE PICANHA

- 301 240g (2 hamburgueres de 120g, queijo, alface e tomate) 19,
- 240g (2 burgers 120g, cheese, lettuce and tomato)
- 302 240g c/ Batata Palito 25,
- 240g w/ French Fries
- 303 Hamburger 120g 12,
- 304 Xburger 120g 13,
- 305 Xsalad 120g 14,
- 306 Xbacon 120g 14,
- 307 Egg Xburger 120g 14,
- 308 Egg Xbacon 120g 15,
- 309 Egg Xtudo 120g (queijo, ovo, presunto, bacon, alface, tomate e maionese) (cheese, egg, ham, bacon, lettuce, tomato and mayonnaise) 20,

★ Nossos PÃES são de preparação artesanal c/ produtos selecionados e LEV | ★ Our breads are handmade preparation w/ select products and LEV

BATATAS FRITAS FRENCH FRIES

- 340 Palito | French Fries 8,
- 140 Canoa | Canoe 10,
- 141 Canoa porção grande | Canoe big portion 28,

CAFÉ DA MANHÃ BREAKFAST

- 01 Cafezinho | Coffee 2,
- 02 Café Espresso | Espresso Coffee 5,
- 03 Cappuccino | Cappuccino 9,
- 04 Nescau | Chocolate Medium | Hot Chocolate 7,
- 05 Mécia (café c/ leite) | Medium (coffee and milk) 5,
- 06 Xicara de Chá (sabores) | Cup of Tea (flavours) 5,
- 30 Pão de Queijo Coquetel (10 unid.) Cheese Bread (10 units) 8,
- 307 Pão Francês na Chapa | Toasted Bread 4,
- 07 Pão Especial na Chapa | Toasted Bread 5,
- 08 Torrada Petrópolis | Toast 'Petrópolis' 9,
- 09 Par de Torradas (pão de forma normal ou integral) Double Toasts (loaf bread or wholemeal bread) 6,
- 10 Pão c/ Ovo (francês especial) | Bread w/ Egg 7,
- 31 Misto Quente | Grilled Ham and Cheese 12,
- 32 Queijo Quente | Grilled Cheese 12,
- 33 Minas Quente no Pão Integral Hot Cheese on Brown Bread 12,
- 27 Salgados | Savory Snacks 6,
- 11 Bolo Fatia (sabores) | Slice Cake (flavours) 5,

AÇAI NA TIJELA | BOWL

300ml - 12, | 500ml - 16,

- 165 Com Frutas (até 2 diferentes) +3, With Fruits (up to 2 different)
- 166 Com Granola +3,
- 167 Com Proteinato +6, With Proteinate
- 168 Com Pó de Guaraná ou Amendoim +3, With Guarana Powder and Peanut
- 184 Bomba Rufos (c/ açaí, pó de guaraná, amendoim, proteinato e xarope de guaraná) with açaí, guarana powder, peanuts, proteinate, guarana syrup 20,

SALADA DE FRUTAS FRUIT SALAD

300ml - 10, | 500ml - 14,

Tops:

- 175 Mel | Honey +3,
- 176 Granola | Granola +3,

TAPIOCAS

+ Adicional 3, + Nutella 6,

- 82 Carne Seca Desfiada c/ Queijo Coalho Shredded Dry Meat with Cheese Curds 15,
- 83 Queijo e Banana | Cheese and Banana 12,
- 84 Queijo e Presunto | Cheese and Ham 12,
- 85 Na Manteiga | In Butter 8,
- 86 Frango Desfiado c/ Queijo Shredded Chicken with Cheese 12,
- 87 Banana, Queijo, Sorvete e Chocolate Banana, Cheese, Ice Cream and Chocolate 18,
- 88 Coco c/ Leite Condensado Coconut with Condensed Milk 14,
- 89 Queijo Branco | White Cheese 11,
- 90 Peito de Peru e Queijo Branco Turkey Breast and White Cheese 15,
- 91 Pura (simples) | Pure (simple) 6,

OMELETE DE CLARAS EGG WHITE

- 20 Presunto e Queijo (c/ tomate e cebola) Ham and Cheese (w/ tomato and onion) 22,
- 21 Tomate e Cebola | Tomato and Onion 18,
- 22 Peito de Peru (c/ queijo minas, tomate e cebola) Turkey Breasts (w/ white cheese, tomato and onion) 28,

PARFAIT

16, Creme de iogurte c/ geleias geladas e frutas da estação Yogurt cream w/ frozen jams and seasonal fruit

★ Nosso iogurte é Artesanal preparado c/ alto controle de qualidade

★ Our yogurt is handmand prepared w/ high control of quality

SUCOS | JUICES

300ml - 9, | 500ml - 13,

- 60|600 Laranja | Orange
- 65|605 Laranja c/ Cenoura, Beterrada ou Acerola Orange with Carrot, Beet or Acerola
- 61|601 Acerola | Acerola
- 62|602 Bananeira c/ Leite | Avocado with Milk
- 63|603 Banana c/ Aveia e Leite Banana with Oats and Milk
- 64|604 Morango c/ Leite | Strawberry with Milk
- 66|606 Melancia | Watermelon
- 67|607 Abacaxi c/ Hortelã | Pineapple with Mint
- 68|608 Abacaxi | Pineapple
- 69|609 Maracujá | Passion Fruit
- 70|610 Manga
- 71|611 Melão | Melon
- 72|612 Mamão | Papaya
- 73|613 Limão | Lemon
- 74|614 Maçã | Apple
- 75|615 Cupuaçu | Cupuaçu
- 76|616 Guaiava | Soursop
- 77|617 Mista | Mix
- 78|618 Tutti-Frutti | Tutti-Fruitt

SUCOS DETOX | DETOX JUICES

- 193 D1 Laranja, Gengibre e Couve Orange, Ginger and Cabbage
- 194 D2 Manga, Laranja, Gengibre e Hortelã Mango, Orange, Ginger and Mint
- 195 D3 Melancia, Gengibre e Linhaça Watermelon, Ginger and Linseed
- 196 D4 Cenoura, Limão, Laranja, Hortelã e Castanha do Pará Carrot, Limon, Orange, Mint and Brazil Nuts
- 197 D5 Clorofila Mix Mix Chlorophyll

BEBIDAS | BEVERAGES

- 151 Água Mineral 510ml | Mineral Water (com ou sem gás) | (with ou without sparkling) 4,
- 152 Água Mineral 1,5l | Mineral Water 8,
- 153 Refrigerante lata | Soft Drink can 6,
- 154 Refrigerante 600ml | Soft Drink 8,
- 154 Mate / Ice Tea Fuze 6,
- 156 Gatorade 8,
- 157 Guaraviton 6,
- 187 Red Bull 255ml 12,
- 160 Cerveja long neck | Beer 9,
- 360 Cerveja 550ml / 600ml | Beer 13,
- 361 Caipirinha 15,
- 362 Caipivodka 19,

SE FOR DIRIGIR NÃO BEBA IF DRIVING, DO NOT DRINK

Fiscalização Sanitária - 1746 | Procon - 151

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