

# Ruf's LEV

TELEFONES :

3594-7558  
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## CAFÉ DA MANHÃ | BREAKFAST

Todos os mistos são feitos no PÃO DE FORMA BRANCA ou INTEGRAL ITALIANO 14x13cm!  
All mixes are made with BREAD IN WHITE PAPER or INTEGRAL ITALIAN 14x13cm!

Cafezinho   Coffee	4,	Torrada Petrópolis (16x12cm)   Toast	18,
Café Espresso   Espresso Coffee	7,	Torrada Rufo's   Toast Rufo's (torrada Petrópolis, parmesão ralado e ovo frito por cima) (Petrópolis toast, grated parmesan and fried egg on top)	22,
Cappuccino   Cappuccino	14,	Par de Torradas (16x12cm) Double Toasts (pão de forma normal ou integral) (toat bread or wholemeal bread)	12,
Nescau ou Chocolate Quente Hot Chocolate	12,	Misto Quente (14x13cm) Grilled Ham and Cheese	22,
Café Grande   Big Coffee (café c/ leite) (coffee and milk)	9,	Misto Cearioca   Cearioca Mixed (no pão francês c/ bacon, ovo e queijo coalho) (on French bread with bacon, egg and curd cheese)	24,
Xicara de Chá   Cup of Tea (sabores) (flavours)	9,	Queijo Quente   Grilled Cheese	22,
Pão Francês na Chapa Toasted Bread	5,	Minas Quente   Hot Cheese	22,
Pão Especial na Chapa Toasted Bread	7,	Salgados   Savory Snacks (sabores) (flavours)	12,
Pão c/ 2 Ovos (francês especial) Bread w/ 2 Eggs	12,		

Adicional Bacon ou Queijo Coalho + 10, | Ovo + 4,

## Omelete

Presunto e Queijo   Ham and Cheese (c/ tomate e cebola) (w/ tomato and onion)	29,
Tomate e Cebola   Tomato and Onion	25,
Peito de Peru   Turkey Breasts (w/ white cheese, tomato and onion)	38,
Frango e Queijo   Chicken and Cheese	29,
Queijo Minas, Tomate e Cebola   White Cheese, Tomato and Onion	29,



## Crepes

Frango, Pamilto e Cream Cheese Chicken, Hearts of Palm and Cream Cheese	29,
Italiano   Italian (calabresa, azeitona, queijo, palmito e tomate) (pepperoni, olives, cheese, hearts of palm and tomato)	36,
Peito de Peru e Cream Cheese Turkey Breast w/ Cream Cheese, Dried Tomato and Herbs	42,
Banana, Canela, Queijo, Açai e calda de Chocolate Banana, Cinnamon, Cheese, Ice Açai and Chocolate Syrup	42,
Presunto e Queijo   Ham and Cheese	34,
Tuna c/ Cream Cheese   Tuna w/ Cream Cheese	36,



## Tapiocas

Carne Seca Desfiada c/ Queijo Coalho Shredded Dry Meat w/ Cheese Curds	24,
Queijo e Banana   Cheese and Banana	20,
Queijo e Presunto   Cheese and Ham	20,
Frango c/ Queijo   Chicken w/ Cheese	20,
Banana, Queijo, Sorvete e Chocolate Banana, Cheese, Ice Cream w/ Chocolate	29,
Coco c/ Leite Condensado Coconut w/ Condensed Milk	24,
Queijo Branco   White Cheese	20,
Peito de Peru e Queijo Branco Turkey Breast w/ White Cheese	28,



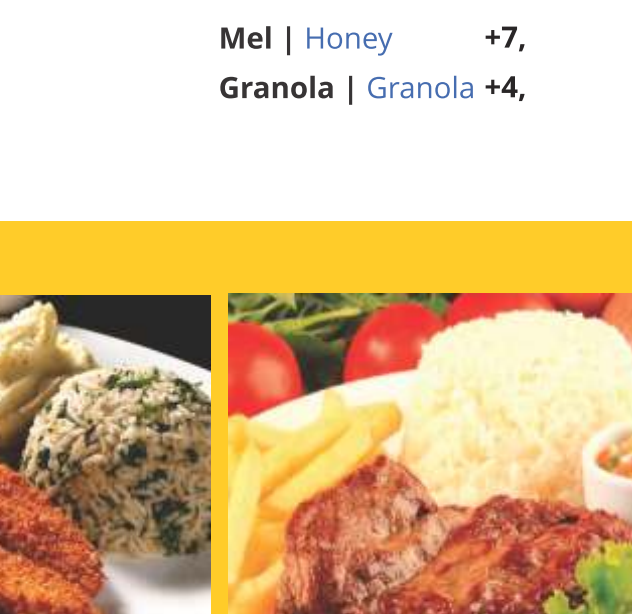
## Crepíocas

Frango c/ Queijo   Chicken w/ Cheese	24,
Peito de Peru c/ Queijo Branco Turkey Breast w/ White Cheese	32,
Queijo e Presunto   Cheese and Ham	24,
Carne Seca Desfiada c/ Queijo Coalho Shredded Dry Meat w/ Cheese Curds	28,



## Cuscuz

Frango c/ Cream Cheese   Chicken w/ and Cream Cheese	18,
Queijo e Presunto   Cheese and Ham	18,
Carne Seca c/ Cream Cheese Dry Meat w/ Cream Cheese	22,
Peito de Peru c/ Cream Cheese Turkey Breast w/ Cream Cheese	25,



## Açaí na Tigela

Bowl	
300ml   20,	
500ml   28,	
c/ Frutas (até 2 diferentes) w/ Fruits (up to 2 different)	+4,
c/ Granola ou Amendoim w/ Granola	+4,
c/ Proteinato w/ Proteinate	+9,
c/ Leite em Pó ou Guaraná Powdered Milk or Guaraná	+7,
Bomba Rufo's 500ml (c/ açai, pó de guaraná, amendoim, proteinato e xarope de guaraná) (w/ açai, guarana powder, peanuts, proteinate, guarana syrup)	32,



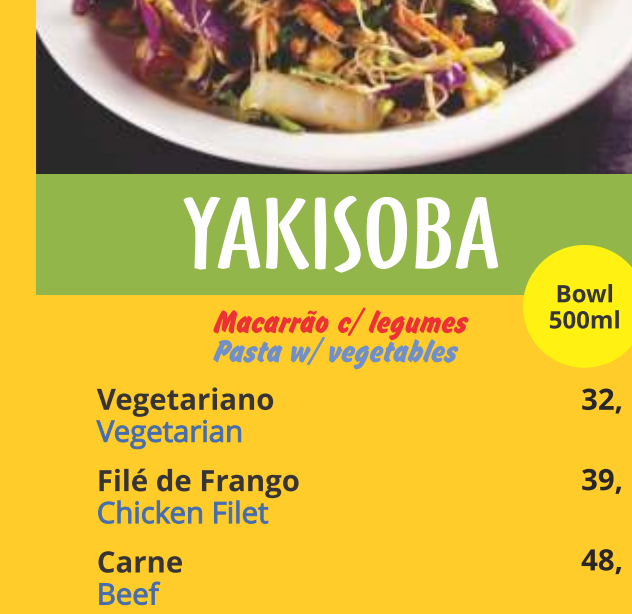
## Açaí no Copo

Cup	
300ml   17,	
500ml   22,	



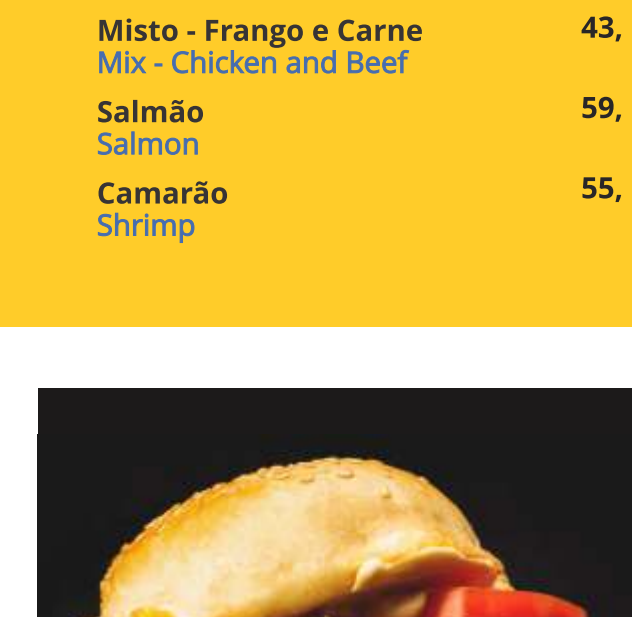
## Parfait

Crema de iogurte c/ geleias geladas e frutas da estação Yogurt cream w/ frozen jams and seasonal fruits	28,
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## Salada de Frutas

Fruit Salad	
300ml 15,	
500ml 20,	
Mel   Honey	+7,
Granola   Granola	+4,



## PRATOS EXECUTIVOS

Escolha 1 Proteína + 3 Acompanhamentos  
Choose 1 Protein + 3 Side Dishes

Filet de Frango Grelhado Grilled Chicken Fillet	39,	Contra Filé Grill Grelhado Grilled Fillet	48,
Filet de Frango à Milanesa Breaded Chicken Fillet	44,	Contra Filé Grill à Milanesa Breaded Fillet	53,
Filet de Frango à Parmegiana Parmigiana Chicken Fillet	53,	Contra Filé Grill à Parmegiana Parmigiana	62,
Sobrecoxa de Coxa c/ Pele Boneless Chicken Things	41,	Filet Mignon Grelhado Grilled Fillet Mignon	59,
Lombo Suíno Grelhado Grilled Pork	41,	Filet Mignon à Milanesa Breaded Fillet Mignon	64,
Filet de Tilápia Grelhado Grilled Fish Tilapia Fillet	47,	Filet Mignon à Parmegiana Parmigiana Fillet Mignon	73,
Filet de Tilápia à Milanesa Breaded Fish Tilapia Fillet	52,	Calabresa Acebolada Peperoni with Onions	38,

ACOMPANHAMENTOS		
Arroz Branco White Rice	Purê de Batata Mashed Potatoes	Feijão Preto Black Beans
Arroz c/ Brócolis Rice with Broccoli	Salada (alfaca, tomate e cebola) Salad (lettuce, tomato and onion)	Molho à Calabresa Brazilian Sauce
Batata Frita French Fries	Legumes (batata, chuchu, cenoura e couve flor) Vegetables (potato, chayote, carrot and cauliflower)	Farofa Cassava Flour

## STROGONOFF

c/ arroz e batata palha w/ white rice and potato sticks	
Filet de Frango Chicken Fillet	40,
Filet Mignon Fillet Mignon	55,

## SPAGHETTI

massa especial special pasta	
Bolonhesa Bolognese	38,
4 Queijos 4 Cheese	48,

Grill é um tipo nobre de Contra Filé. Acompanhamento Extra Side Dishes Extra 10, Embalagem para Viagem Packing Travel +3, | +4,

## COMBOS

1 Grelhado + 1 Salada\* Média ou Batata Frita Palito  
1 Grilled + 1 Middle Salad\* or French Fries

Filet de Frango Chicken	50,	Filet Mignon Fillet Mignon	65,
Salmão Salmon	70,	Tilápia Fish Fillet	59,

\*Saladas: Caesar ou Caprese - \*Salads: Caesar ou Caprese

## SALADAS

Caesar Simples Simple Caesar	33,
Caesar Especial (c/ filetinho de frango) Special Caesar (w/ chicken fillet)	47,
Caprese Caprese	42,
Rufo's (mix de folhas tenras, peito de peru, tomate cereja, cubos de abacaxi e molho de iogurte c/ castanhas) (mix of tender leaves, turkey breast, tomato, pineapple cubes and yogurt sauce w/ nuts)	49,

## YAKISOBA

Macarrão c/ legumes Pasta w/ vegetables	500ml
Vegetariano Vegetarian	32,
Filet de Frango Chicken Fillet	39,
Carne Beef	48,
Misto - Frango e Carne (hamburger, chicken and beef)	43,
Salmão Salmon	59,
Camarão Shrimp	55,

## SANDUÍCHES

Escolha o seu pão: FORMA (14x13cm) INTEGRAL (14x13cm) CIABATTA	Choose your bread: BUN (14x13cm) BROWN (14x13cm) CIABATTA
Rufo's (filé de frango grelhado, queijo, tomate e alface americana) (grilled chicken fillet, cheese, tomato and lettuce)	35,
Leve (peito de peru, rúcula, tomate seco e queijo branco) (turkey breast, arugula, dried tomatoes and white cheese)	40,
Atum Especial   Special Tuna (pasta de atum e alface americana) (tuna paste and lettuce)	35,
Tropical (presunto, abacaxi, queijo, alface americana e maionese de ervas) (ham, pineapple, cheese, lettuce and herb mayonnaise)	32,
Nobre Grill (+ 200g de filet mignon, cream cheese, alface americana e mostarda) (+ 200g of grilled filet mignon, cream cheese, lettuce and mustard)	48,
Rufo's Crocante (filé de frango à milanesa c/ cream cheese, tomate e alface) (breaded chicken fillet w/ cream cheese, tomato and lettuce)	39,
Natural de Frango   Chicken (pasta de frango c/ cenoura, tomate e alface americana) (chicken paste w/ carrot, heart of palm w/ raisins)	22,
- Natural de Atum   Tuna (pasta de atum c/ cebola) (tuna paste w/ onion)	27,
NATURAL - (metade de pão de forma) (half bread)	

## HAMBURGUER de Picanha

Big Hamburger Picanha (2 carnes de 90g, queijo, alface e tomate) (2 burgers 90g, cheese, lettuce and tomato)	32,
Small Hamburger Picanha c/ Batatas Fritas w/ French Fries	45,
Xburger 90g	20,
Xsabal 90g	24,
Egg Xburger 90g	25,
Egg Xbacon 90g	27,
Egg Xtudo 90g (queijo, ovo, presunto, bacon, alface, tomate e maionese) (cheese, egg, ham, bacon, lettuce, tomato and mayonnaise)	32,
Egg Xtudo c/ Fritas	45,

## HAMBURGUER ARTESANAL

Servido no Pão Especial e Acompanha Batata Fritas! Served in Special Bread and Accompanied french Fries!

Rufo's Burger (carne artesanal 200g, cheddar, cebolas caramelizadas e alface americano) (handmade meat 200g, cheddar, caramelized onions and lettuce)	45,.	Original Crocante (carne artesanal à milanesa, queijo e maionese) (handmade meat, cheese and mayonnaise)	47,
Rufo's Nordeste (carne artesanal 200g, entremeadado c/ queijo coalho, cebolas caramelizadas e alface americano) (handmade meat 200g, intermingled w/ cheese curds, caramelized onions and lettuce)	48,	Vegetal (hamburger de soja temperado c/ ervas e sementes e alface americano) (seasoned soy burger w/ herbs and seeds and lettuce)	45,

## BURGUER ESPECIAL

## PETISCOS | APPETIZERS

Gurjão de Filé de Tilápia Tilapia Fish Gurgeon	65,	Frango à Passarinho Desossado Boneless Chicken	49,
Gurjão de Frango Chicken Gurgeon	56,	Batatas Fritas   French Fries	40,
Batata Rufo's Rufo's Potato (queijo cheddar e calabresa) (cheddar cheese and calabresa sausage)	60,	Camarão Alho e Óleo (sem cabeça) porção c/ 500g Garlic and Oil Shrimp (without head) portion with 500g (C/ molho agridade ou galeia de pimenta) (w/ sweet and sour sauce or pepper jelly)	98,
Contra Filé Grill Aperitivo Grilled Fillet Grill Appetizer (c/ molho madeira, acompanha pão) (madera sauce, serve w/ bread)	88,	Bolinho de Bacalhau 6 unid. Fried Ball of Cod 6 units	24,
Contra Filé Grill Aperitivo c/ Fritas Grilled Fillet Grill Appetizer w/ Fries	78,	Feijão Amigo 300ml Bean Friend Brazilian Special	20,
Filet Mignon Aperitivo Fillet Mignon Appetizer	120,	Pastel 4 unid, 4 units	
Filet Mignon Aperitivo c/ Fritas Fillet Mignon Appetizer w/ Fries	98,	Carne Beef	30,
Linguíça Calabresa Acebolada Calabresa Sausage w/ Onion	55,	Queijo Cheese	28,
Linguíça Calabresa Acebolada c/ Fritas Calabresa Sausage w/ Onion (with Fries)	49,	Napolitano Napolitan	30,
		Camarão Shrimp	40,

## Espetinhos

Frango   Chicken	33,
Carne   Beef	45,
Misto   Mixed	40,
Queijo Coalho   Coalho Cheese	40,



## Sucos

300ml   13,	500ml   17,
Laranja   Orange	Melancia   Watermelon

300ml   14,	500ml   18,
Abacaxi   Pineapple	Manga   Mango
Mamão   Papaya	Melão   Melon
Limão   Lemon	Cupuacu   Cupuacu
Acerola   Acerola	Graviola   Soursop
Mista   Mix	Maracujá   Passion Fruit
Cajá c/ Laranja   Caja w/ Orange	Cacau c/ Laranja   Cocoa w/ Orange
Abacate c/ Leite   Avocado w/ Milk	Morango c/ Leite   Strawberry w/ Milk
Banana c/ Leite e Aveia	Banana w/ Milk and Oats
Abacaxi c/ Hortelã   Pineapple w/ Mint	Laranja c/ Cenoura, Beterraba ou Acerola
Orange w/ Carrot, Beet or Acerola	

## Sucos Detox

300ml   16,	500ml   20,
D1 Laranja, gengibre e couve Orange, ginger and cabbage	D2 Manga, laranja, gengibre e hortelã Mango, orange ginger and mint
D3 Melancia, gengibre e linhaça Watermelon ginger and linseed	D4 Cenoura, limão, laranja, e castanha do Pará Carrot, limon, orange, mint and nuts
D6 Abacaxi, mamão couve e gengibre Pineapple, papaya, cabbage carrot and ginger	D7 Melão, laranja cenoura, couve e gengibre Melon, orange, carrot, cabbage and ginger

## Cerveja

Stella Artois long neck	12,
Corona long neck	14,
Original 600ml	16,
Heineken 600ml	19,

## Caipis

300ml 500ml	
Caipirinha	20, 25,
Caipivodka	25, 32,

## Sem álcool

Água Mineral	510ml 6,
Mineral Water	510ml 6,
Refrigerante lata	9,
Soft Drink can	9,
Refrigerante 600ml	12,
Soft Drink 600ml	12,